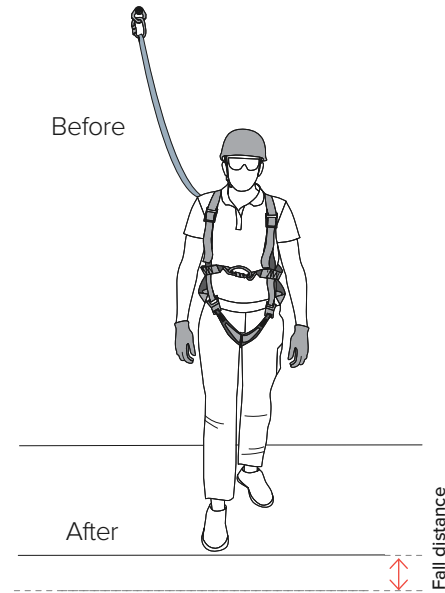


Fall Factor

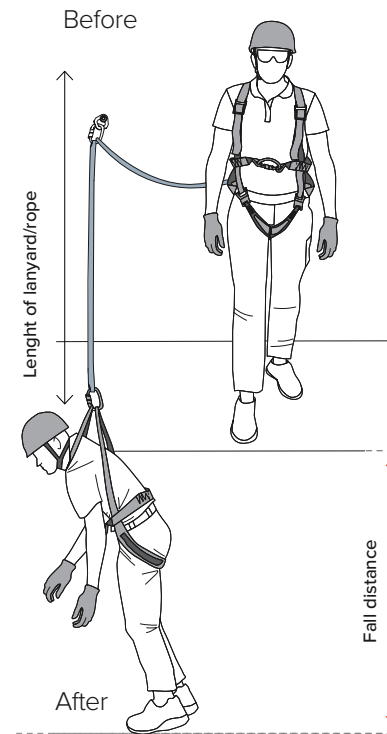
$$\text{Fall Factor} = \frac{\text{Fall distance}}{\text{Length of lanyard/Rope}}$$

The fall factor is the distance fallen, divided by the length of the lanyard or rope available to absorb that fall. The fall factor ranges from 0 to 2. Independently on a fall being long or short, the lower the fall factor, the safer the fall.

→ Fall Factor 0



→ Fall Factor 1



→ Fall Factor 2

